



Republika ng Pilipinas  
KAGAWARAN NG KALUSUGAN  
**NATIONAL NUTRITION COUNCIL**  
Cordillera Administrative Region  
Lyman Ogilby Centrum, 358 Magsaysay Avenue,  
Baguio City



EXCERPTS FROM THE MINUTES OF MEETING OF THE CORDILLERA  
ADMINISTRATIVE REGION REGIONAL NUTRITION COMMITTEE HELD  
ON MARCH 10, 2020

**RNC-CAR Resolution No. 4, s. 2020**

**APPROVING THE CONDUCT OF FOLLOW-UP NUTRITION ASSESSMENT RESEARCH  
AMONG EMPLOYEES OF RNC MEMBER AGENCIES AND OTHER LINE AGENCIES IN  
THE CORDILLERA REGION**

**WHEREAS**, RNC Resolution no 7, s. 2017 approved the conduct of the nutrition assessment research among employees of RNC Member Agencies and other Regional Line agencies undertaken by BSU in coordination with NNC-CAR;

**WHEREAS**, the result of the research showed that 56% of government employees of the regional line agencies in CAR are either overweight or obese;

**WHEREAS**, the nutrition assessment conducted among the government employees increased their awareness on their nutritional status and prompt actions to address the problem;

**WHEREAS**, the Regional Nutrition Committee, in its effort to respond to the high prevalence of overnutrition among government workforce launched the RNC Weight Management Project in 2017 and initiated the Healthy Food Options and Pinggang Pinoy Plate-based menu which was adopted by the RSDC in 2019;

**WHEREAS**, to determine the change of nutritional status of the employees after the 2017 nutrition assessment and to validate effectiveness of the interventions of the Regional Nutrition Committee, a follow-up nutrition assessment is proposed;

**NOW THEREFORE, ON MOTION DULY SECONDED, BE IT RESOLVED AS IT IS  
HEREBY RESOLVED**, that the Regional Nutrition Committee approve the conduct of follow-up nutrition assessment research among employees of RNC member agencies and other line agencies in the Cordillera region;

**RESOLVED FURTHER**, that the Benguet State University will lead the conduct of the research in coordination with the National Nutrition Council-CAR from July 2020;

**RESOLVED FURTHER**, that the RNC encourages all regional line agencies to have their own calibrated weighing scales for use by the staff and also to be used during regional nutrition assessment activities.




**RESOLVED FINALLY**, that the RNC members and RLA selected as respondents to the research team shall support by:


- a. Confirming schedule of the nutrition assessment with NNC-CAR and BSU;
- b. Assembling employees during the nutrition assessment;
- c. Assisting the data collectors during the scheduled nutrition assessment.

**APPROVED**, this 10<sup>th</sup> day of March 2020 during the Regional Nutrition Committee meeting held at Prince Plaza, Baguio City.

Attested by:

  
**RITA D. PAPEY, MSW**  
Regional Nutrition Program Coordinator  
National Nutrition Council -CAR

Approved by:

  
**DIR. AMELITAM. PANGILINAN, MPH, MD, CESO IV**  
OIC-Regional Director, DOH-CAR and  
Chairperson, Regional Nutrition Committee